

MENTAL HEALTH SERVICES AVAILABLE TO YOU

Mental Health Crisis Lines

Behavioral Health Response (BHR) - 314-469-6644
Life Crisis Services, Inc. at Provident - 314-647-HELP
KUTO (Kids Under Twenty-One) - 1-888-644-5886

Department of Mental Health (DMH)

Hospitals

Hawthorn Children's Psychiatric Hospital 314-512-7800
Metropolitan St. Louis Psychiatric Center 314-877-0500
St. Louis Psychiatric Rehabilitation Center 314-877-6500

Community Mental Health Centers

BJC Behavioral Health – Intake office - 314-729-4004
(St. Louis County and southern portion of St. Louis city)
COMTREA (Jefferson County) - 636-931-2700
Crider Health Center - - 636-332-6000
(St. Charles, Lincoln, Franklin and Warren counties)
Hopewell Center - - 314-531-1770
(Northern portion of St. Louis city)

Support Services

ADAPT of Missouri - - 888-657-3201
(for older adults with mental illness)
BRIDGES Program - - 314-773-1399
(free, 10-week education course and support groups for
adults with mental illness)
Community Alternatives - - 314-
772-8801
(case management for persons with mental illness)
Independence Center - - 314-533-4245
(psycho-social rehabilitation agency)
Places For People - - 314-535-7463
(psycho-social rehabilitation agency)
St. Louis Empowerment Center - - 314-652-6100
(downtown; drop-in center)
St. Patrick Center - - 314-802-0700
(downtown; numerous services for persons with mental
illness and who are homeless)
Self-Help Center - - 314-781-0199
(In Affton; drop-in center)

For St. Louis County residents

Family Mental Health Collaborative - 314-729-4035
(Counseling; limited psychiatry; various locations)

Psychiatry

Hospitals

Barnes-Jewish Hospital - - 314-729-4004
CenterPointe Hospital - - 636-441-7300
Christian Hospital Northeast - - 314-839-3171
DePaul Health Center/St. Vincent's Div. 314-344-6700
Des Peres Hospital - - 314-821-5850
Forest Park Hospital - - 314-768-3000
Jefferson Barracks Hospital (V.A.) - 314-487-0400
Jefferson Memorial Hospital - - 636-933-1211
St. Alexius Hospital - - 314-865-3333
St. Anthony's - Hyland Behavioral Health 314-525-4400
St. John's Mercy - Behavioral Health - 314-251-6565
St. Joseph Health Center/St. Charles - 636-947-5000
St. Louis University Hospital - - 314-577-8000
St. Mary's Health Center - - 314-344-6700

Clinic

Psychiatry clinic at Barnes Hospital - 314-362-5065

Locating clinical trials/medication studies

Visit www.mhaem.org, click on "Resources," click on
"Clinical Trials."

Patient Assistance Programs for medications

Partnership for Prescription Assistance
www.pparx.org 1-888-477-2669

Advocacy/Education/Information/Referral

Depression Bipolar Support Alliance 314-652-6100
Mental Health America of Eastern MO 314-773-1399
NAMI (Nat'l. Alliance on Mental Illness) 314-962-4670
Nat'l Council on Alcoholism & Drug Abuse 314-962-3456

**For information about Self-Help Groups or to
purchase a directory, call:**

**Mental Health America of Eastern Missouri
314-773-1399**

Proud member of

**United Way
of Greater St. Louis**



ADDITIONAL COMMUNITY RESOURCES

ADAPT of Missouri (older adults)	-	-	-	-	-	888-657-3201
Al-Anon Info Center	314-645-1572		Alcoholics Anonymous			314-647-3677
ALIVE (Alternatives to Living In Violent Environments)						314-993-2777
Area Agency on Aging	Mideast	636-207-0847		St. Louis City		314-612-5918
Co-Dependents Anonymous (Co DA)		-	--	-	-	636-397-8676
CORP (County Older Resident Program) (main office)						314-615-4516
Crime Victim Advocacy Center (St. Louis City)						314-652-9771
Family Resource Center (counseling for kids/families re: abuse/neglect)						314-534-9350
Family Support Network (parenting stress and guidance)						314-644-5055
Gamblers Anonymous						888-746-9427
Gateway Parents Support Group Health line						314-993-7550
Grief Support Group @ Missouri Baptist (various age groups)						314-996-5105
Health & Senior Services (formerly Division of Aging)			State office			800-392-0210
St. Louis	314-340-7300		Franklin County			636-583-2419
Jefferson County	636-797-9822		St. Charles County			636-940-3170
Housing Resource Center						314-802-5444
Kids In The Middle (kids of divorce and remarriage)						314-909-9922
Learning Disability Association (includes Attention Deficit Disorder)						314-966-3088
Overeaters Anonymous						314-638-6070
RAVEN (Rape And Violence End Now) (men's program)						314-289-8000
Recovery, Inc. (self-help group for mental health concerns)						314-770-9865
Safe Connections (domestic violence)						314-531-2003
Survivors of Suicide (self-help group at Life Crisis Services)						314-647-3100

SLIDING SCALE COUNSELING AGENCIES

Agape Christian Counseling Services (main office)	-	-	-	-	-	314-746-9622
Care and Counseling (main office)	-	-	-	-	-	314-878-4340
Catholic Family Services - general counseling (main office)-						314-544-3800
Catholic Family Services - Southside Center (bilingual)						314-773-6100
Christian Family Services (marital, pregnancy, adoption)						314-968-2216
Christian Psychological & Family Services						314-567-4994
Community Psychological Services (UM-St. Louis Psychology clinic)						314-516-5824
Center for Counseling & Family Therapy (St. Louis Univ. counseling clinic)						314-977-2505
Family Resource Center						314-534-9350
Jewish Family & Children's Services						314-993-1000
Lutheran Family & Children's Services						314-787-5100
Provident Inc. (main office)						314-533-8200
Psychological Service Center (Wash. Univ. Psychology clinic)-						314-935-6555
Psychological Services Center (St. Louis Univ. Psychology clinic)						314-977-2278

Info provided by Mental Health America of Eastern Missouri, a non-profit United Way agency, serving the mental health needs of the community. To inquire about other mental health resources or to request educational literature, call 314-773-1399 or visit www.mhaem.org