

Utility and/or Rent Assistance Resources

| <u>Agency/Site Name</u> | <u>Telephone</u> | <u>Comments</u> |
|--|--------------------------|---|
| Call UNITED WAY 2-1-1 (211 OR 314-421-4636 OR 1-800-427-4626) Information & Referral Services. Call for critical health and human services, everyday needs and in time of crisis. 24-hour, 7-days a week availability. When appropriate, 2-1-1 specialists can connect callers directly with a service provider, eliminating the need to make another telephone call. | | |
| Adequate Housing for Missourians | 314-863-0015 x462 | Security Deposit/Subsidized Housing/Mortgage assistance in St. Louis County only. |
| American Red Cross | 314-516-2700 | Mortgage for St. Louis County only |
| AT&T Missouri | 1-800-288-2020 | Offers 2 discounted telephone service plans to make basic phone service even more affordable for qualified customers; find application and requirements online at http://www.att.com/gen/general?pid=10639 |
| Cardinal Ritter Senior Services | 314-918-2258 | Utilities only. Clients must be 60 years of age and older. City residents in threat of disconnect. |
| Catholic Charities | | |
| Father Tolton Center | 314-385-3446 | 63106, 63107, 63112, 63113, 63115, 63120, 63147. |
| Midtown Center | 314-534-1180 | Zip Codes 63104, 63110. Last \$50 only |
| St. Jane Center | 314-383-6539 | North St. Louis County only. |
| Southside | 314-773-6100 | Serves zip codes 63110, 63111, 63118, 63139 |
| Comm. Action Agency of St. Louis County CAASTL | 314-863-0015 | St. Louis County only, except Wellston. LIHEAP/ECIP for Gas (expired 3/31/08) |
| Community Helping Ministry | 314-770-2216 | Only residents of Pattonville School District and the City of St. Ann |
| Crisis Nursery | 314-768-3201 | Funds for active clients in the Follow-Up program. |
| Doorways/Interfaith Residence | 314-535-1919 | Clients must be HIV positive & in case management. Existing clients only. |
| Energy Care | 314-773-5900 | No boundaries |
| Franciscan Connection | 314-773-8485 | 63118 and part of 63111 |
| Guardian Angel Settlement Assoc. @ Hosea House | 314-773-9027 | Funding available for 63104 & 63118. |
| Hope Hotline | 1-888-995-4673 | Free foreclosure prevention counseling for homeowners |

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| Housing Resource Center | 314-802-5444 | Rent & Mortgage for City & County residents, 1st Month Rent, No Section 8. |
| Human Development Corp. (Energy Program) | 314-535-7607 | City residents & Wellston. LIHEAP/ECIP for Gas ended 3/31/08. |
| Southside Gateway | 314-631-0019 | 63104, 63108, 63109, 63110, 63111, 63116, 63118, partial zip codes 63103, 63139 |
| Northside Gateway | 314-535-7484 | 63112, 63115, 63147, partial zip codes 63108, 63113, 63120 |
| Wellston Gateway | 314-613-2311 | Zip codes 63112, 63120, 63133 - Wellston |
| Northeast Gateway | 314-613-2154 | Zip codes 63101, 63102, 63103, 63106, 63107, partial zip code 63108 |
| Isaiah 58 Ministries | 314-776-1410 | N - Chouteau, S - Chippewa, E - Jefferson, W - Kingshighway |
| Jewish Family & Children's Services | 314-993-1000 | Funding available to Jewish clients only |
| Joint Neighborhood Ministry | 314-771-3987 | 63118 and part of 63104 |
| Lutheran Family & Children's Services | 314-787-5100 | |
| Lutheran Senior Services | 314-446-2475 | 60+ or 50+ w/disability. Referring agency should call. |
| Metro Christian Worship Center | 314-772-8444 | |
| MSD - Low Income Sewer Relief Program | 1-866-281-5737 | Metropolitan Sewer District - Program available to single family homeowners may qualify for 50% reduction on sewer bill. Application on website |
| Mid East Area Agency on Aging | 636-207-0847 | Client must be 60+ years of age & live in any of these COUNTIES: St. Louis, Jefferson, Franklin, and St. Charles. |
| New Life Evangelistic Center | 314-421-3020 | |
| PAKT | 314-524-2710 | 63043, 63044, 63074, 63114, 63121, 63130, 63132, 63133, 63134, 63140 |
| PARAQUAD | 314-289-4200 | Only for persons with disabilities that have been active clients at least 30 days |
| Patch Neighborhood Center | 314-638-0150 | 63111 |
| St. Augustine's - Fr. Bob | 314-385-1934 | Match Funds |
| St. Louis Adventist Comm. Services | 314-429-0216 | County residents. |

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| St. Louis Connecting & Assisting Neighborhoods | 314-383-0592 | 63107, 63115, 63120, 63136 need disconnect notice/last dollars |
| St. Louis Effort for AIDS | 314-645-6451 | AIDS or HIV+ Only - must go through case management |
| St. Patrick Center | 314-802-0700 | Last \$100 for CITY residents ONLY. Must be 30 days delinquent on rent. |
| St. Vincent dePaul, Society of | 314-531-7837 | Availability may vary by parish. Call for local chapter #. |
| Salvation Army | 314-646-3000 | |
| Gateway (Formerly Carondelet) | 314-631-1133 | 63026, 63111, 63023, 63123, 63125, 63126, 63127, 63128, 63129 |
| Euclid Corps | 314-531-5621 | 63106, 63107, 63108, 63112, 63113, 63115, 63137, 63147 |
| Maplewood Corps | 314-781-5434 | 63011, 63021, 63025, 63038, 63088, 63105, 63117, 63119, 63122, 63131, 63143, 63144 |
| Temple Corps | 314-771-3460 | 63101, 63102, 63103, 63104, 63109, 63110, 63116, 63118, 63139 |
| Strafford Commons | 314-389-9302 | 63031, 63033, 63034, 63120, 63121, 63130, 63133, 63135, 63136, 63138, 63140 |
| West Page Corps | 314-423-7012 | 63005, 63017, 63018, 63040, 63042, 63043, 63044, 63045, 63074, 63114, 63124, 63132, 63134, 63141, 63145, 63146. |
| Trinity Lutheran Church | 314-231-4092 | Serves 63104. Call M-F 9am-12pm. |
| Urban League - Grandel Square | 314-615-3600 | City residents |
| Urban League - St. Louis County Operations | 314-388-9840 | County residents |
| Webster Rock Hill Ministries | 314-961-5082 | Limited to Webster Groves & Rock Hill residents - 63119 |

DO NOT LET UNPAID BILLS ACCUMULATE. SEEK HELP EARLY!

- Call a social service agency in your area to see if they have an assistance program, such as your church, the Catholic Church, Salvation Army or United Way. Call them weekly or as suggested.
- Understand how and why you were short this month.
- See if you qualify for additional services, such as area Food Pantries. This may free up money for rent and utilities.

When you require assistance, most agencies will need:

- Proof of income and monthly expenses
- Proof of address, such as Photo ID and copy of current bill.

TIPS:

- **PLAN AHEAD.** Consider budget billing and ask utility companies if you qualify for any low-income or special programs.
- Pay your bills on time to avoid late fees.
- In the summer, set your thermostat as high as comfortably possible. The less difference between the indoor and outdoor temperatures, the lower your overall cooling bill will be. Try setting it at 78°.
- Using fans can help create an air flow that will make your home more comfortable. If you use an air conditioner, a ceiling fan will allow you to raise the thermostat setting about 4° with no reduction in your comfort.
- If your air conditioner is old, consider purchasing a new, energy-efficient model. You could save up to 50% on your utility bill for cooling. Look for the ENERGY STAR® and EnergyGuide labels.
- Limit the use of your oven in the summer months. Use lids when cooking.
- Don't place lamps or TV sets near your air-conditioning thermostat. The thermostat senses heat from these appliances, which can cause the air conditioner to run longer than necessary.
- While running the air conditioner, keep the window coverings closed during the day to keep out direct sunlight.
- In the winter, keep the draperies and shades on your south facing windows open during the day to allow the sunlight to enter your home and closed at night to reduce the chill you may feel from cold windows.
- In the winter, set your thermostat as low as is comfortable when home. By resetting your programmable thermostat from 72 degrees to 65 degrees for eight hours a day (for instance, while no one is home or while everyone is tucked in bed) you can cut your heating bill by up to 10 percent.
- Weatherize your home — caulk and weatherstrip any doors and windows that leak air. In the winter, use heavy plastic on windows to keep out drafts.
- Replace furnace filters regularly. Keep equipment clean.
- Turn off your computer and monitor when not in use.
- Consider air-drying clothes on clothes lines or drying racks.
- Lower your water heater's thermostat to WARM/LOW or set at 120°. Your water heater accounts for 14% of your utility bill.
- Clean the lint filter in the dryer after every load. Periodically inspect your dryer vent to ensure it is not blocked.
- Consider a simple budget for your household. Evaluate expenses and set priorities. (Examples: Free TV vs. Cable or Satellite; one telephone line vs. land-line AND cell phone)